

# Living and working in the United Kingdom



## Target audience

Employees preparing for an assignment in the United Kingdom and their partners



## Prerequisite

No prerequisite



## Objectives

This seminar aims at significantly improving the ability of the participants to **meet the challenges of living and working abroad**. The objective is to enable them to identify the stumbling blocks that lie ahead and to be able to adapt and integrate in the United-Kingdom. At the end of this training, participants will have acquired insights and techniques to:

- Be aware of their own cultural baggage
- Understand British context and culture
- Analyse situations in which misunderstandings may arise and identify ways of communicating more effectively
- Reduce and manage the symptoms of culture shock
- Understand British mindset, work practices, decision-making processes and negotiating styles
- Strike the right balance between personal et professional lives



## Added value

- Conducted by an intercultural expert consultant
- Decoding the Nomad' Profiler
- Alternating theory and practical exercises
- Access to Digital Learning for 1 year
- Sharing best practices and personalized action plan



## Accessibility

All our training courses are accessible to people with disabilities. Each training project will be the subject of a case study by our teams, in order to adapt the training program.



## Corporate Training Solutions

Duration: to define.

You wish to organise a specific training course ?  
Contact us !

## PROGRAMME OUTLINE

### MODULE 1 : SUCCESSFUL PERSONNAL INTEGRATION IN GREAT BRITAIN

#### 1. Cross-cultural awareness : the key to a successful expatriation

- Taking stock of one's own cultural baggage
- Culture shock and the integration process
- Identifying and going beyond cultural stereotypes

#### 2. Key aspects of British culture

- An island kingdom proud of its identity, including four countries and a series of islands
- A multi-ethnic population
- A class system characterised by tradition
- A thousand year history. A complex Parliamentary monarchy.
- One of the world's leading economic powers
- A two speed educational system

#### 3. British values and behaviour patterns

- The family: a sign of social identity
- A state religion open to the world: the basics of Anglicanism
- The influence of tradition on British open-mindedness
- A respect for rank, order, individualism and freedom
- "Time is money", sport and surpassing one's own capabilities
- Composure and humour: managed detachment

#### 4. Practical day-to-day information

- Focus on the host town or city
- Transport, administration, housing, security, hygiene and healthcare
- Social life, leisure activities
- Schools, extracurricular activities, sport

### MODULE 2 : SUCCESSFUL PROFESSIONNAL INTEGRATION IN THE UNITED-KINGDOM

#### 1. The British corporate world

- Major differences from one business sector to another
- A competitive spirit as a driving force. The market, employment and turnover.
- Sociability, efficiency and commitment
- The role of the state and the authorities: trade-unions and lobbies

#### 2. Effective communication with the British

- English: a complex language with a host of possible nuances
- Non-verbal communication, verbal language and irony: hidden messages
- Forthrightness and euphemisms
- The role of networking

#### 3. Working with British teams

- Achieving personal credibility: punctuality, honesty, reliability, appearance and formality
- Effective management: efficiency, accessibility and bearing
- Fair play: a rejection of favouritism. Joint decision-making
- Respect for the individual. Isolating conflicts
- Relationships in and out of work: avoiding confusion

#### 4. Successful meetings and negotiations with the British teams

- Breaking the ice to build trust and confidence
- Speaking and behaving in a professional manner
- The importance of meeting deadlines
- Attitudes to contracts and their implications

#### 5. Final handy tips

- Caution, patience and humility
- Social standards, gifts, business cards, dress code, etc
- Sensitive subjects: politics, history, religion